

Edleston Primary School

Dear Parents / Guardians

Edleston Primary School are pleased to be able to offer you the opportunity to complete the 1,2,3 Magic Course in the New Year, here at the school. The course will take place for 3, 1 hour sessions, starting Thursday 11th January 2018, 2pm.

123 Magic is a behavioural enhancement parenting program focusing on effective discipline for children 2-12 (but can be altered to accommodate older children). It was developed by Thomas Phelan Ph.D, a clinical psychologist from America.

1,2,3 can be used as a stand-alone behaviour strategy or alongside your existing behaviour strategies you already use.

The basic principles around the 1,2,3 Magic Course are

- _ To stop unacceptable behaviour
- _ To encourage good behaviour
- _ To manage Testing and Manipulation behaviours
- _ To establish a peaceful, enjoyable family atmosphere

It can be used in the home, school and out in the community. It can be used in lots of situations, such as the following:

Stop Behaviours such as:

- _ Arguing
- _ Fighting
- _ Screaming
- _ Tantrums
- _ Teasing

For *Start Behaviours* such as:

- _ Eating
- _ Doing homework
- _ Going to bed
- _ Cleaning rooms
- _ Getting up and out in the morning

So, if you ever find yourselves in any of the above situations then this could be the course for you as an extra strategy to use within your home.

If you are interested in the above course and would like to guarantee a place, please return the reply slip below by Friday 8th December. If you need any extra information, please call into school and speak to Mrs Edge.

Yours sincerely,

Mrs Edge

Lead Behaviour Professional.



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I would like a place on this 123 Magic Course running in school and commit to attend each session

My Name _____

Child's Name _____ Class _____

Signed _____